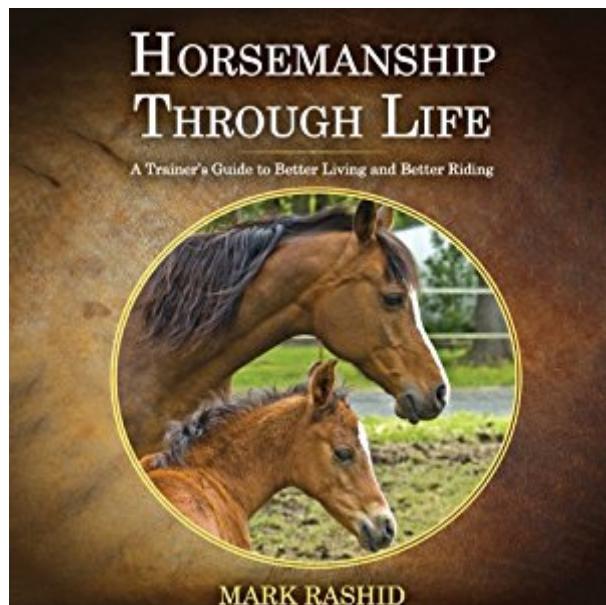


The book was found

# Horsemanship Through Life: A Trainer's Guide To Better Living And Better Riding



## **Synopsis**

More than just techniques for horseriding these are principles for a more fulfilling life. Here is a compelling meditation from renowned horseman Mark Rashid on all the ways that the principles we apply in our dealings with fellow humans can apply to our relationships with our horses, and vice versa. Horsemanship Through Life is about awareness, learning, teaching, honesty, integrity, and much more. It is about more than tips or technique; it is about principles to live by. It is about taking ownership of and responsibility for our lives and relationships with horses and humans. It doesn't take long to listen to, but will be with you for life. Experience the profound lessons of this nourishing book.

## **Book Information**

Audible Audio Edition

Listening Length: 7 hours and 23 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: February 23, 2013

Language: English

ASIN: B00BK5Z3T2

Best Sellers Rank: #63 in Books > Audible Audiobooks > Nonfiction > Lifestyle & Home > Animal Care & Pets #207 in Books > Sports & Outdoors > Individual Sports > Horses > Equestrian #302 in Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses

## **Customer Reviews**

Horsemanship Through Life is awesome. Mark really bares his soul and has written a very personal book. The thoughts and journeys shared here will not only make one a better horseman, but a better person all the way around. For those of you that have not met Mark in person, you may think this book is a bunch of hooey...but it truly is the essence of the man, Mark Rashid. Mark is a man of integrity whose horsemanship ALWAYS has what is best for the horse at heart. Mark is a great teacher and truly a master of horsemanship and an ever evolving student of life. This book touched me deeply. Attending Mark's clinics and reading his books has had a profound effect on both my horsemanship and my life. I am proud to call him my horsemanship sensei.

All of Rashid's books are excellent from the 1st couple that are essentially all about him growing up

under the "tutledge" of "The Old Man" to these later ones that speak from his experiences as an adult -- both new understandings of horses & applications of those lessons learned to the rest of Life ("non-horse"/humans). I like his style in that it more conversational than "teaching" & like all the great trainers, Mark truly hopes for your growth as a person & deep understanding of "horse think"

This is a wonderful book full of informative and compelling stories, Rashid's communion with horses and his special appreciation of their nature. The countless valuable tips for working and living with horses are woven naturally into the clear, lyrical writing and recounting of his vast and varied experience.

I enjoyed (and devoured) this book as much I have enjoyed all of Mark Rashid's books. Being particularly interested in the relationship of handling/riding horses and blending the practice of Aikido, this book was helpful to me in the arena and under saddle as much as studying the Nia Technique has been for me as an equestrian. Mark has an amazing ability to 'speak the language' of the everyday horseman or woman and bridge for us his deep compassion and wisdom about horses - and his words as I read them seem to seep into my horsemanship skills - transformative. He's truly an educator, philosopher and an entertaining writer. His books are good the 2nd and 3rd time too!

Horses have an amazing ability to help people get through life difficulties they are mostly very gentle animals that in some case have just as much trauma as humans carry on their backs. Mark has an amazing ability to help horses and people through this process. This is a great book if you own a horse and are having problems with it because it may not be the horse it may be a reflection of you. A great book

Like all Mark Rashid books, it's hard to put it down, love the book, continue to learn from him and his life stories and experience, I had the honor of meeting Mark in person. Thank you Mr. Mark Rashid for sharing your life with us and let us learn from it.

This author has a way with words. Of course the topic is one of my favorites. Horses are and have been my "happy place". I liked his first books a little better as they dealt more with the "old man" and his learning experiences. I wish I had been mentored by the "old man" when I was growing up and learning about horses. At any rate this is a fell good book and I highly recommend it.

I was a bit leary when I found out that Mark was going to talk about his experiences with a martial arts program as I don't care for the spiritual aspects of many of them. I was very pleased when I read the book and found how he applied the practical aspects of Aikido to horsemanship. Mark is a good author and a very good horseman. It was a pleasure to read how he continues to learn and grow. That's a good incentive for this 60-year old horseman.

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